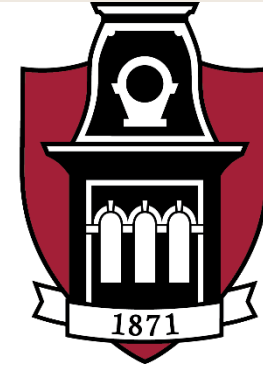


# Counselor Education and Supervision PhD Program – Open House –

Rehabilitation, Human Resources, and Communication  
Disorders

College of Education and Health Professions  
University of Arkansas



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**College of Education  
& Health Professions**  
*Counselor Education and Supervision*



# CNED Faculty

# Dr. Paul Blisard

*Clinical Assistant Professor of Counselor Education and Supervision*



- Masters at Missouri State University
- School psychological examiner, school counselor, a counselor in higher education and an outpatient clinician.
- Ed. D. in counselor education
- Counseling center director for a small liberal arts college.
- 20+ years at CES faculty at Missouri State University (Emeritus Professor).
- University of Arkansas as a Clinical Faculty member for 8+ years.
- 30+ years experience as a clinician in agencies and private practice.
- Enjoy all aspects of the Counseling profession
- He specializes in group work and working in the Crisis intervention domain (Including trauma), and a working knowledge of “neuroscience” as it applies to counseling.
- Course taught include: Foundations, Basic Techniques, Beginning and Advanced Group, Human Development and occasionally Practicum.

# Dr. David Christian

*Associate Professor of Counselor Education and Supervision*



- MS, Counseling, University of North Texas, Denton
- PhD, Counselor Education, University of North Texas, Denton
- Spent nearly a decade working in secondary and post-secondary education in Texas
- On faculty at the University of Arkansas as an Assistant Professor of Counselor Education
- Specializes in school counseling, Adventure Therapy, and family interventions aimed to improve the Parent/Adolescent relationship
- Director of the Adventure Therapy Lab at the UofA
- His research Interests include: Adventure Therapy, counseling adolescents, evidence-based school counseling, family interventions, and Adlerian theory.
- His teaching Interest include: career counseling, family therapy, assessment, school counseling practicum/internship, and adventure therapy as well as a variety of doctoral level courses.

# Dr. Kristin Higgins

*Interim Department Head RHRC, Associate Professor of Counselor Education and Supervision*



- Ph.D. University of Arkansas, Counselor Education, 2005
- M.S. University of Arkansas, Counseling, 1999
- Several years experience at community mental health counseling agency where she served as a clinical facilitator in the school based counseling program
- 10+ years CES faculty at the University of Arkansas
- Served as CNED program coordinator at the University of Arkansas
- Has made many presentations at the state, regional and national levels
- Involved as the research liaison on various grants through the community mental health agency in which she works.
- Her research interests include: Counseling Children and Adolescents - At risk youth, Measurement and Evaluation in School Counseling-Accountability, Stress and Anxiety in Children, School Counseling-Role and function of the School Counselor/School Based Counseling, and Students with Asperger's Syndrome-Transition and school based needs and issues
- Her teaching interests include: Counseling Children and Adolescents, Ethical and Legal Aspects of Counseling, Individual Appraisal, Foundations of Counseling, Gender Issues in Counseling, Counseling and Human Diversity, Lifestyle and Career Development, and Internship -- School and Agency

# Dr. Lynn Koch

*Professor of Counselor Education and Supervision*



- Ph.D., University of Wisconsin-Madison, Rehabilitation Psychology, 1996
- M.S., University of Arizona, Rehabilitation Counseling, 1988
- Professor in Counselor Education and Supervision Program at the UofA for 14+ years
- Over her 24 year academic career, she has published two books, her most recent, *Rehabilitation Counseling and Emerging Disabilities: Medical, Psychosocial, and Vocational Aspects*, which includes a chapter on chronic pain, and *Emerging Issues in Rehabilitation Counseling: Perspectives on the New Millenium*.
- Authored or co-authored more than 100 peer-reviewed articles, 19 book chapters, and guest edited 9 special issues of rehabilitation journals.
- Her research interests include: the psychosocial, educational, and vocational aspects of emerging and psychiatric disabilities.
- Her teaching Interests include: psychosocial aspects of disabilities, psychiatric rehabilitation, and internship supervision.

# Dr. Kristi Perryman

*Associate Professor of Counselor Education and Supervision*



- Associate professor in counselor education and supervision.
- 20+ years experience in education and as a Licensed Professional Counselor and Registered Play Therapist Supervisor.
- Professional work experience includes teaching special education and working as an elementary and junior high counselor in both rural and inner city schools.
- Private counseling practice for 12 years in Missouri.
- Director of the Office of Play Therapy Research and Training at the University of Arkansas where she hosts an annual conference to train mental health professionals in play therapy and conducts research on play therapy, creative/expressive arts techniques, counseling in schools and supervision.
- Her Research interests include: social emotional learning, play therapy, non-directive play, creativity in counseling, counseling supervision and school counseling
- Her teaching interests include: School Counseling, Mental Health Counseling, Play Therapy, Creativity in counseling, Supervision

# Dr. Erin Popejoy

*Associate Professor of Counselor Education and Supervision*



- MA in Counseling at Texas State University-San Marcos, San Marcos
- PhD in Counselor Education at the University of Texas at San Antonio, San Antonio.
- Assistant Professor of Counselor Education at the University of Arkansas.
- Licensed Professional Counselor in the state of Arkansas and Board approved supervisor
- Has experience working in a variety of clinical settings including community agency, private practice, and residential substance abuse treatment.
- Active member of the American Counseling Association, Association for Counselor Education and Supervision, and the Arkansas Counseling Association.
- Her research interests include: Counselor professional identity development, Military service members and their families, and Creative teaching and supervision techniques
- Her teaching interests include: Mental Health Counseling, Diagnosis and Treatment, Counseling Internship, Counseling and Addictions, Research Counseling, Qualitative Research



# Dr. Brent Williams

*Associate Professor of Counselor Education and Supervision*



- M.S. in Rehabilitation Counseling Psychology in 1994
- Ph.D. in Rehabilitation & Adult, Continuing and Distance Education in 1999
- Serves on the editorial board of the Journal of Vocational Evaluation and Work Adjustment
- Has held leadership positions in professional organizations including of the American Rehabilitation Counseling Association (ARCA) and the National Council of Rehabilitation Education (NCRE).
- Holds positions on the board of directors for two local independent living centers as well the Arkansas Governors' Independent Living Advisory Board.
- Research Interests: Disability and Social Security/Ticket to Work, Rehabilitation counselor professional development, Rehabilitation continuing education, Rehabilitation outcomes, and Institution and faculty scholarship
- Teaching Interests: Medical aspects of disability, Psychological aspects of disability, Vocational, psychological and educational evaluation, Disability Policy, Rehabilitation research, and Independent living



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# Current CNED Graduate Assistants



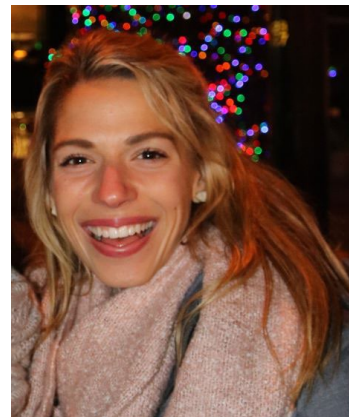
"The PhD program has allowed me to deepen my understanding of counseling as a whole, get more attuned to my theoretical orientation, and further develop my skills as a professor and supervisor. It has also been highly rewarding to learn the practice of adventure therapy and use this to connect others to an engaging teaching modality that is fun and active."



"I love having access to many different professionals with diverse areas of interest. I have been able to explore play therapy, adventure therapy, and learn about vocational rehabilitation. These have all been new specialties to learn about for me and have allowed me to grow in ways I was not expecting. I also very much appreciate the support and care from my fellow students."



"I have enjoyed challenging myself in ways I would not have if it hadn't been for the mentorship and support from faculty. It's been a journey and I'm grateful for everything I'm learning."



"For me, the PhD program has provided me support, opportunities and a learning environment dedicated to teaching, supervision, research, leadership and advocacy. I am thankful for how this program has both challenged and encouraged me personally and professionally. I am passionate about wellness and engaging in creative alternatives in counseling, and this program has allowed me to be an active participant in the things I value, such as: ecowellness, adventure therapy, play therapy, sand tray therapy, supervision, mentorship and teaching."



"I am enjoying my sojourn in the CNED PhD program thus far. The program is comprehensive and is facilitative of my acquisition of the necessary requisite competencies to be effective in my roles as educator, supervisor, counselor, and researcher. The program's holistic plan caters to the multicultural needs of diverse students".



# Program Vision

Improve the capacity of the counseling profession to maximize effective service delivery through a nationally competitive, learning-centered, program of excellence serving Arkansas, the nation and the world.



# Program Mission

The Counselor Education and Supervision Program advances clinical mental health, rehabilitation, and school counseling by: providing high-quality teaching and training to emerging counselors and counselor educators; conducting rigorous research with real-world implications; and serving professional and community organizations.

The Program is committed to improving diversity and inclusion within the counseling profession by: recruiting students from a variety of backgrounds; supporting their professional and personal growth; preparing them to work with individuals with marginalized identities; and working to end oppression within the field and the larger society.

Collectively, these efforts improve mental health, wellness, educational and career outcomes in Arkansas and beyond.



# Philosophy Statement

The guiding philosophy, goals, policies and practices of the Counselor Education Program are shaped by its central commitment: **To provide learning experiences allowing each graduate to become a fully functioning helping professional in an evolving and diverse world.**

Inherent in the concept of a fully functioning individual is the conceptual frame that emotional and intellectual growth and the worth of each person are emphasized, in addition to academic and professional activities.



# Statement of Beliefs

In order to graduate high quality and effective counselors, counselor educators and supervisors, we believe it is important to:

- Ensure graduates can provide culturally responsive, ethical and effective counseling services from a relevant theoretical perspective
- Acknowledge the importance of gatekeeping through supervision and ensure graduates can provide ethical and culturally responsive supervision
- Train graduates in pedagogical practices that are both developmentally appropriate and culturally responsive
- Prepare graduates to advance the field of counseling through dynamic qualitative and quantitative research
- Graduate the next generation of counseling leaders and advocates who are committed to excellence in practice and equity, diversity, inclusion and anti-racism



# Program Objectives

Graduates will:

- Provide culturally responsive, ethical, effective, and theoretically guided counseling services (Aligned with doctoral Belief 1 & 6.B.1. Doctoral Counseling KPI)
- Adopt a specific framework/model to guide culturally responsive and ethical supervision (Aligned with doctoral Belief 2 & 6.B.2. Doctoral Supervision KPI)
- Implement pedagogical practices that are culturally responsive, ethical, and developmentally appropriate (Aligned with doctoral Belief 3 & 6.B.3. Doctoral Teaching KPI)
- Pursue research using appropriate methodologies and avenues of dissemination (i.e. Scholarly articles and/or presentations) that advance the counseling field. (Aligned with doctoral Belief 4 & 6.B.4. Doctoral Research and Scholarship KPI)
- Develop the knowledge and skills necessary to engage in various leadership positions and forms of advocacy related to the field of counseling (Aligned with doctoral Belief 5 & 6.B.5. Doctoral Leadership and Advocacy KPI)



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# Where are they now?

## *UofA PhD Counselor Education and Supervision Alumni*



- Timothy J. Schoonover (2021)
- The Association for Humanistic Counseling recently awarded former University of Arkansas doctoral student TJ Schoonover the Outstanding Humanistic Dissertation Award.
- Faculty at Northern Illinois University





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# Where are they now?

*UofA PhD Counselor Education and Supervision Alumni*



- Margaret Hindman (2022)
- Recent doctoral graduate Margaret Hindman was awarded the Association for Play Therapy's 2022 Student Research Award.



# Research Articles

Christian, D. D., McCarty, D. L. & Brown, C. L. (2021) Experiential Education during the COVID-19 Pandemic: A Reflective Process, *Journal of Constructivist Psychology*, 34:3, 264-277.

Primack, B. A., Perryman, K. L., Crofford, R. A., & Escobar-Viera, C. G. (2022). Social Media as It Interfaces with Psychosocial Development and Mental Illness in Transitional-Age Youth. *Child and Adolescent Psychiatric Clinics*, 31(1), 11-30.

Conroy, J., & Perryman, K. (2022). Treating trauma with child-centered play therapy through the SECURE lens of polyvagal theory. *International Journal of Play Therapy*, 31(3), 143.

Christian, D. D., McMillion, P., Brown, C. L., Schoonover, T. J., & Miller, B. A. (2021). Using Adventure Therapy to Improve Self-Efficacy of Middle School Students. *Journal of School Counseling*, 19(26), n26.

Smarinsky, E. C., Brown, C. L., & Christian, D. D. (2021). Examining the Effects of a Mindfulness-Based Intervention Using a Neurofeedback Device on Adolescent Introspection: A Quasi-Experimental Time-Series Design. *Counseling Outcome Research and Evaluation*, 1-15.

# Research and Practicum Facilities

- Two fully equipped Play Therapy rooms
- Two individual/couples counseling rooms
- One group therapy room
  - Includes two large sand trays, ten smaller sand trays and a complete set of figurines.
- All rooms equipped with recording technology utilizing cloud storage capacities.



# Lab photos



# Degree Requirements- Counselor Education Courses

	Hours		
CNED 6013	3	Advanced Counseling Theory and Methods	
CNED 6033	3	Advanced Group Theory and Methods	
CNED 6043	3	Supervision of Counselors	
CNED 6223	3	Foundations of Counselor Education and Supervision	
CNED 6143	3	Teaching Counselor Education	
CNED 6243	3	Disability Policy in the US	
CNED 6343	3	Cultural Foundations and Counseling	
CNED 6713	3	Advanced Counseling Practicum-100 hours	
CNED 674V	6	Advanced Clinical Internship-600 hours	
CNED 674V	11	Internships: Research/Instructorship/Supervision 300 hours	
CNED 700V	18	Doctoral Dissertation	<b><u>(59 Hours)</u></b>



# Degree Requirements- Counselor Education Electives

## **Plus 2 courses from any of the following electives (6 hours):**

**\*\* Or other electives as approved by committee\*\***

CNED 6093	3	Counseling Children and Adolescents through Play
CNED 6003	3	Counseling and Addictions
CNED 6133	3	Introduction to Play Therapy
CNED 699V	3	Seminar
CNED 6213	3	Advanced Psychosocial Aspects of Disability
CNED 6233	3	Employment Practices and Interventions
HIED 6323	3	Design and Evaluation of College Teaching
HIED 6013	3	The Professoriate: Problems and Issues
HIED 6343	3	Strategies for Effective College Teaching
HIED 6643	3	College Students in the US



# Degree Requirements- Research Courses

## **Research Requirement (15 hours including):**

CNED 6073	3	Advanced Research in Counseling
ESRM 6403*	3	Educational Statistics and Data Processing
ESRM 6413	3	Experimental Design in Education
ESRM 6533	3	Qualitative Research
Elective	3	Elective approved by committee

\* Prerequisite is Introduction to Educational Research - ESRM 5013.



# Financial Aid Opportunities

- Work as a Graduate Assistant (GA) on campus for tuition discounts and waivers
- Doctoral Fellowships available, depending on GRE scores (<https://graduate-and-international.uark.edu/graduate/costs-and-funding/fellowships-scholarships/>)
- Free Application for Federal Student Aid (FAFSA) available depending on eligibility: [studentaid.gov](https://studentaid.gov)
- Visit the Office of Financial Aid on campus or online for more information (<https://finaid.uark.edu/>)
- Fellowship and Scholarship directory: <https://awards.uark.edu/award-directory/index.php>
- External Funding Sources: <https://graduate-and-international.uark.edu/graduate/costs-and-funding/fellowships-scholarships/external-sources.php>





# Ready to Apply?

Deadline: January 15<sup>th</sup>

## Application Materials:

- Autobiographical Sketch Outline (PDF)
- Recent (within 6 months of application deadline) video recording of a counseling session (approximately 30 minutes) showcasing your counseling skills and theoretical orientation. Videos must be uploaded to designated folder in order for applicants to be considered for on-campus interview. Applicants can complete this requirement in one of three ways:
  - Create a role-play video with a volunteer client.
  - Video record a real counseling session with an actual client (client permission must accompany video recording).
  - CNED program can arrange a mock session with a volunteer on campus in one of our counseling rooms (contact David Christian, Ph.D., to arrange this).
- Official GRE scores indicating capacity for doctoral-level performance.
- Letters of Recommendation (refer to online Graduate School application).
- On-campus interview (schedule will be set after deadline)

To Apply

<https://applygsie.uark.edu/apply/>



# For more info:

- Email Dr. David Christian @
  - [ddchrist@uark.edu](mailto:ddchrist@uark.edu)