

Sand Therapy with Adolescents: Unlocking creative potential during a season of complex neurodevelopment

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APT Approved Provider #15-403

**FRIDAY JUNE 10- SATURDAY
JUNE 11, 2022**

Come join the fun IN PERSON
at the Hilton Garden Inn Hotel
in Fayetteville, Arkansas!

1325 North Shiloh Drive, Fayetteville, Arkansas 72704



UNIVERSITY OF
ARKANSAS

College of Education
& Health Professions

**University of
Arkansas Office of
Play Therapy
Research and
Training**

**Director Kristi L. Perryman,
Ph.D. LPC-S (AR, MO), RPT-S**

College of Education and Health
Professions

Department of Rehabilitation,
Human Resources,
and Communication Disorders
140 Graduate Education
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<https://cned.uark.edu/play-therapy/index.php>

Program Description

Adolescence is a season of intense neurobiological change, which brings a mix of beautiful and painful complexities into teens' lived experiences. Understanding the internal workings of the adolescent mind will support sandtray focused play therapists as they hold compassionate and resonant space for the evolving asymmetrical areas of development. In this workshop, therapists will apply their unfolding awareness of the adolescent mind to focused play therapy using the sand tray. There will ample time for practicing in the sand tray as well as practicing the layering of other adolescent friendly expressive arts with sandtray based play therapy.

Learning Objectives

As a result of attending this workshop, participants will be able to:

1. Describe the history of sandtray-based play therapy
2. Discuss the neurobiology of the adolescent mind and its relevance to expressive play therapy
3. Apply historical understanding of sandtray-based play therapy to work with adolescents
4. Discuss sandtray-based play therapy material adaptations that may be needed for adolescent work
5. Create sandtray-based play therapy treatment plans for varying adolescent presentations
6. Apply advanced sandtray-based play therapy processing skills with adolescent clients
7. Describe the complexity and impact of therapeutic resonance with an adolescent in sandtray-based play therapy
8. Discuss the person of the play therapist awareness necessities for effective work with adolescent

Register at

<https://tinyurl.com/2p8f5vju>

Early Bird Professional Rate: \$225 Student Rate: \$150

(registrations received before 5PM on March 14 qualify for early bird pricing)

Professional Rate: \$250 (after 5PM on March 14)

*A refund for the full amount less \$15 administrative fee will be given for cancellations made at least two weeks prior to the event. No refunds will be given for cancellations made two weeks or less prior to the event. To cancel your registration and request a refund, please email:

klperry@uark.edu



Marshall Lyles, LPC-S, LMFT-S, RPT-S

Marshall Lyles, LPC-S, LMFT-S, RPT-S, lives in the Austin, Texas, area and has 20 years of practice in family and play therapy. Drawing on lessons learned from working with attachment trauma in a variety of mental health settings, Marshall regularly teaches on trauma, expressive therapies, and attachment-informed family work around the globe. In addition to maintaining a small clinical practice, Marshall also conducts supervision and consultation sessions with counseling professionals who are pursuing EMDR certification and RPT status, often with a particular focus on the use of sandtray therapy. Marshall has published in professional journals and magazines in addition to contributing to the books *Counseling Families: Play-Based Treatment and EMDR with Children in the Play Therapy Room: An Integrated Approach*. Marshall has also co-authored a book titled *Advanced Sandtray Therapy with Linda Homeyer* and teaches in the Interpersonal Neurobiology Certificate Program at Portland Community College.

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